

CONCORDIA TEXAS TORNADOS

WOMEN'S TRACK & FIELD // 2019 PERFORMANCE LIST

ALEXIS AMARO				AVA GOMEZ			
Event	Mark/Time	Meet (Date)	Place	Event	Mark/Time	Meet (Date)	Place
100H	21.39	Bobcat Invitational (3/29/19)	53rd	100H	20.11	Trinity Invitational (3/31/19)	3rd
400m	1:04.73	HSU Relays (2/23/19)	1st	400m	1:07.43	HSU Relays (2/23/19)	4th
	1:02.42	Trinity Open (3/2/19)	3rd		1:05.11	Trinity Open (3/2/19)	7th
	1:01.28	TLU D3 Challenge (3/23/19)	3rd		1:07.54	TLU D3 Challenge (3/23/19)	9th
	1:03.34	Bobcat Invitational (3/29/19)	57th	400H	1:15.96	HSU Relays (2/23/19)	2nd
	1:05.40	Trinity Invitational (3/31/19)	5th		1:13.72	Trinity Open (3/2/19)	7th
	1:02.46	ASC Championships (4/19/19)	7th		1:11.41	Bobcat Invitational (3/30/19)	34th
	1:02.40	ASC Championships (4/20/19)	7th		1:10.97	Trinity Invitational (3/31/19)	3rd
800m	2:31.27	Bobcat Invitational (3/30/19)	53rd		1:13.40	ASC Championships (4/19/19)	8th
400H	1:21.40	HSU Relays (2/23/19)	11th		1:09.76	ASC Championships (4/20/19)	2nd
	1:11.78	TLU D3 Challenge (3/23/19)	4th	4x400m	4:18.88	Trinity Open (3/2/19)	4th
	1:10.71	ASC Championships (4/19/19)	3rd		4:25.51	Jet Relays (3/9/19)	3rd
	1:10.71	ASC Championships (4/20/19)	4th		4:14.09	TLU D3 Challenge (3/23/19)	2nd
4x400m	4:18.88	Trinity Open (3/2/19)	4th		4:13.93	Bobcat Invitational (3/28/19)	10th
	4:25.51	Jet Relays (3/9/19)	3rd		4:13.41	ASC Championships (4/19/19)	4th
	4:14.09	TLU D3 Challenge (3/23/19)	2nd	Dis. Med.	15:08.80	Jet Relays (3/9/19)	5th
	4:13.93	Bobcat Invitational (3/28/19)	10th				
	4:13.41	ASC Championships (4/19/19)	4th				
4x800m	12:09.81	Jet Relays (3/9/19)	3rd				
Dis. Med.	15:08.80	Jet Relays (3/9/19)	5th				
RAVEN CATO				SADIE INGRAM			
Event	Mark/Time	Meet (Date)	Place	Event	Mark/Time	Meet (Date)	Place
100m	13.96	HSU Relays (2/23/19)	17th	100H	19.20	HSU Relays (2/23/19)	11th
	13.91	Trinity Open (3/2/19)	23rd		19.60	Trinity Open (3/2/19)	14th
	13.59	Jet Relays (3/9/19)	35th		19.00	Jet Relays (3/9/19)	16th
	13.75w	TLU D3 Challenge (3/23/19)	11th		18.61w	TLU D3 Challenge (3/23/19)	13th
200m	30.16	HSU Relays (2/23/19)	13th		19.05	Bobcat Invitational (3/28/19)	19th
	29.13	Trinity Open (3/2/19)	20th	200m	29.15w	ASC Championships (4/19/19)	8th
4x100m	53.95	Trinity Open (3/2/19)	2nd		18.09	ASC Championships (4/20/19)	7th
	53.21	Jet Relays (3/9/19)	11th	4x100m	55.23	Bobcat Invitational (3/28/19)	20th
	53.22	TLU D3 Challenge (3/23/19)	3rd		52.97	Bobcat Invitational (3/28/19)	19th
4x200m	1:59.07	Jet Relays (3/9/19)	9th	4x200m	1:59.07	HSU Relays (2/23/19)	5th
				High Jump	1.42m	ASC Championships (4/19/19)	6th
					1.45m	Jet Relays (3/9/19)	9th
					1.47m	HSU Relays (2/23/19)	t-2nd
					1.40m	Jet Relays (3/9/19)	t-5th
					1.44m	TLU D3 Challenge (3/23/19)	3rd
					1.44m	Bobcat Invitational (3/28/19)	17th
					4.31m	ASC Championships (4/19/19)	t-2nd
				Long Jump	4.27m	HSU Relays (2/23/19)	8th
					4.40m	Trinity Open (3/2/19)	13th
					9.84m	Bobcat Invitational (3/28/19)	17th
				Triple Jump	9.75m	HSU Relays (2/23/19)	4th
					10.50m	Trinity Open (3/2/19)	5th
					10.23m	TLU D3 Challenge (3/23/19)	3rd
					9.93w	Carl Knight Invitational (4/5/19)	7th
					8.17m	ASC Championships (4/20/19)	9th
				Shot Put	8.46m	HSU Relays (2/23/19)	17th
					8.32m	Trinity Open (3/2/19)	17th
					9.99m	TLU D3 Challenge (3/23/19)	15th
					9.29m	Bobcat Invitational (3/28/19)	8th
					25.64m	Carl Knight Invitational (4/5/19)	17th
				Javelin	25.72m	Bobcat Invitational (3/28/19)	9th
					3078 pts	ASC Championships (4/20/19)	11th
				HEP		Bobcat Invitational (3/28/19)	17th
VICTORIA CORTEZ							
Event	Mark/Time	Meet (Date)	Place				
Shot Put	8.48m	Trinity Invitational (3/31/19)	10th				
Discus	30.29m	HSU Relays (2/23/19)	17th				
	30.06m	Jet Relays (3/9/19)	17th				
	24.95m	TLU D3 Challenge (3/23/19)	12th				
	25.87m	Bobcat Invitational (3/29/19)	43rd				
	26.38m	ASC Championships (4/19/19)	11th				
Hammer	25.38m	HSU Relays (2/23/19)	9th				
	21.93m	TLU D3 Challenge (3/23/19)	12th				
	24.64m	Bobcat Invitational (3/29/19)	48th				
	27.33m	ASC Championships (4/20/19)	7th				
Javelin	24.99m	HSU Relays (2/23/19)	8th				
	28.95m	Jet Relays (3/9/19)	4th				
	28.45m	TLU D3 Challenge (3/23/19)	6th				
	28.56m	Bobcat Invitational (3/30/19)	26th				
	29.03m	Trinity Invitational (3/31/19)	2nd				
	30.58m	ASC Championships (4/19/19)	6th				

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WOMEN'S TRACK & FIELD // 2019 PERFORMANCE LIST

JULIA KASPER

Event	Mark/Time	Meet (Date)	Place
Shot Put	5.82m	HSU Relays (2/23/19)	19th
	6.25m	Trinity Open (3/2/19)	22nd
	5.54m	Jet Relays (3/9/19)	25th
	6.25m	TLU D3 Challenge (3/23/19)	19th
	6.29m	Trinity Invitational (3/31/19)	13th
	7.48m	ASC Championships (4/20/19)	20th
Discus	18.92m	HSU Relays (2/23/19)	14th
	24.39m	Trinity Open (3/2/19)	19th
	25.04m	Jet Relays (3/9/19)	24th
	26.55m	TLU D3 Challenge (3/23/19)	12th
	24.10m	Bobcat Invitational (3/30/19)	44th
	25.83m	Trinity Invitational (3/31/19)	9th
	27.89m	ASC Championships (4/19/19)	9th

JALIN MUNOZ

Event	Mark/Time	Meet (Date)	Place
1,500m	6:30.93	Bobcat Invitational (3/29/19)	53rd
	6:35.35	Carl Knight Invitational (4/5/19)	28th
	6:43.28	ASC Championships (4/20/19)	21st

ANAMIKA SETH

Event	Mark/Time	Meet (Date)	Place
800m	3:17.44	Trinity Invitational (3/31/19)	10th
1,500m	7:05.33	HSU Relays (2/23/19)	18th
	6:49.23	Bobcat Invitational (3/29/19)	54th
	6:46.35	Carl Knight Invitational (4/5/19)	29th
	6:36.17	ASC Championships (4/20/19)	20th
4x800m	12:09.81	Jet Relays (3/9/19)	3rd

KENDALL SHEPPARD

Event	Mark/Time	Meet (Date)	Place
200m	28.93w	Trinity Open (3/2/19)	19th
	28.39	Bobcat Invitational (3/28/19)	18th
100H	19.92	HSU Relays (2/23/19)	12th
	20.10	Trinity Open (3/2/19)	16th
	19.08w	TLU D3 Challenge (3/23/19)	14th
	20.01	Bobcat Invitational (3/28/19)	20th
	19.15	ASC Championships (4/19/19)	9th
800m	2:59.49	Bobcat Invitational (3/28/19)	17th
4x100m	55.23	HSU Relays (2/23/19)	5th
	53.95	Trinity Open (3/2/19)	2nd
	53.21	Jet Relays (3/9/19)	11th
	53.22	TLU D3 Challenge (3/23/19)	3rd
	52.97	ASC Championships (4/19/19)	6th
4x200m	1:59.07	Jet Relays (3/9/19)	9th
Long Jump	4.24m	HSU Relays (2/23/19)	9th
	4.24m	Trinity Open (3/2/19)	14th
	4.30m	TLU D3 Challenge (3/23/19)	9th
	4.03m	Bobcat Invitational (3/28/19)	18th
	4.45m	ASC Championships (4/19/19)	t-13th
High Jump	1.25m	Bobcat Invitational (3/28/19)	20th
	1.29m	ASC Championships (4/19/19)	9th
Shot Put	7.78m	Bobcat Invitational (3/28/19)	18th
Javelin	28.14m	HSU Relays (2/23/19)	9th
	27.74m	Trinity Open (3/2/19)	12th
	28.56m	Jet Relays (3/9/19)	6th
	27.70m	TLU D3 Challenge (3/23/19)	7th
	28.55m	Bobcat Invitational (3/28/19)	5th
	23.63m	Trinity Invitational (3/31/19)	10th
	32.36m	ASC Championships (4/20/19)	5th
HEP	2779 pts	Bobcat Invitational (3/28/19)	18th

MEGHAN KEVIL

Event	Mark/Time	Meet (Date)	Place
800m	2:52.45	TLU D3 Challenge (3/23/19)	9th
	2:48.66	Trinity Invitational (3/31/19)	9th
	2:52.86	ASC Championships (4/20/19)	16th
1,500m	5:48.38	Trinity Open (3/2/19)	18th
	5:50.39	Bobcat Invitational (3/29/19)	50th
	5:47.65	Carl Knight Invitational (4/5/19)	27th
	5:50.87	ASC Championships (4/20/19)	12th
1,600m	6:22.78	TLU D3 Challenge (3/23/19)	12th
5,000m	23:10.82	HSU Relays (2/23/19)	7th
4x800m	12:09.81	Jet Relays (3/9/19)	3rd
Dis. Med.	15:08.80	Jet Relays (3/9/19)	5th

REGAN LAIN

Event	Mark/Time	Meet (Date)	Place
3,000S	15:40.93	Bobcat Invitational (3/29/19)	21st
	16:12.81	ASC Championships (4/19/19)	7th

BAYLI LUKE

Event	Mark/Time	Meet (Date)	Place
200m	28.02	Trinity Invitational (3/31/19)	8th
400m	1:01.50	Bobcat Invitational (3/29/19)	50th
	59.39	ASC Championships (4/19/19)	1st
	58.23	ASC Championships (4/20/19)	2nd
800m	3:02.32	HSU Relays (3/23/19)	8th
4x400m	4:18.88	Trinity Open (3/2/19)	4th
	4:25.51	Jet Relays (3/9/19)	3rd
	4:14.09	TLU D3 Challenge (3/23/19)	2nd
	4:13.93	Bobcat Invitational (3/28/19)	10th
	4:13.41	ASC Championships (4/19/19)	4th
Dis. Med.	15:08.80	Jet Relays (3/9/19)	5th

ANNETTE MATA

Event	Mark/Time	Meet (Date)	Place
1,500m	7:47.09	HSU Relays (2/23/19)	20th
	6:48.31	Trinity Open (3/2/19)	23rd
4x800m	12:09.81	Jet Relays (3/9/19)	3rd

KENDALL SIMPSON

Event	Mark/Time	Meet (Date)	Place
100m	13.73	Trinity Open (3/2/19)	21st
100H	23.24	Bobcat Invitational (3/28/19)	21st
200m	29.09	HSU Relays (2/23/19)	10th
	28.69	Bobcat Invitational (3/28/19)	19th
800m	2:47.27	Bobcat Invitational (3/28/19)	14th

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WOMEN'S TRACK & FIELD // 2018 PERFORMANCE LIST

4x100m	55.23	HSU Relays (2/23/19)	5th	23.54m	Jet Relays (3/9/19)	9th
	53.95	Trinity Open (3/2/19)	2nd	22.05m	TLU D3 Challenge (3/23/19)	14th
	53.21	Jet Relays (3/9/19)	11th	23.55m	Trinity Invitational (3/31/19)	11th
	53.22	TLU D3 Challenge (3/23/19)	3rd	21.12m	ASC Championships (4/20/19)	17th
	52.97	ASC Championships (4/19/19)	6th			
4x200m	1:59.07	Jet Relays (3/9/19)	9th			
4x400m	4:18.88	Trinity Open (3/2/19)	4th			
	4:25.51	Jet Relays (3/9/19)	3rd			
	4:14.09	TLU D3 Challenge (3/23/19)	2nd			
	4:13.93	Bobcat Invitational (3/28/19)	10th			
	4:13.41	ASC Championships (4/19/19)	4th			
Long Jump	4.23m	HSU Relays (2/23/19)	10th			
	4.41m	Trinity Open (3/2/19)	12th			
	4.46m	TLU D3 Challenge (3/23/19)	8th			
	3.93m	Bobcat Invitational (3/28/19)	19th			
High Jump	1.34m	Bobcat Invitational (3/28/19)	19th			
Shot Put	6.04m	Jet Relays (3/9/19)	24th			
	6.48m	Bobcat Invitational (3/28/19)	19th			
Javelin	23.95m	HSU Relays (2/23/19)	10th			
	21.48m	Trinity Open (3/2/19)	17th			
	23.37m	Bobcat Invitational (3/28/19)	16th			
Pole Vault	2.25m	Trinity Invitational (3/3/19)	5th			
	2.43m	ASC Championships (4/19/19)	13th			
HEP	2554 pts	Bobcat Invitational (3/28/19)	19th			

ASHLEY VALLEJO

Event	Mark/Time	Meet (Date)	Place
100m	14.49	HSU Relays (2/23/19)	18th
	14.60	Trinity Open (3/2/19)	24th
	14.31	Jet Relays (3/9/19)	39th
	14.00	TLU D3 Challenge (3/23/19)	17th
	13.76w	Bobcat Invitational (3/30/19)	52nd
	14.19	ASC Championships (4/19/19)	22nd
4x100m	55.23	HSU Relays (2/23/19)	5th
	53.95	Trinity Open (3/2/19)	2nd
	53.21	Jet Relays (3/9/19)	11th
	53.22	TLU D3 Challenge (3/23/19)	3rd
	52.97	ASC Championships (4/19/19)	6th

REAN VANDERBILT

Event	Mark/Time	Meet (Date)	Place
Shot Put	9.50m	HSU Relays (2/23/19)	10th
	8.30m	Trinity Open (3/2/19)	19th
	9.45m	Jet Relays (3/9/19)	20th
	9.32m	TLU D3 Challenge (3/23/19)	11th
	9.56m	Bobcat Invitational (3/28/19)	44th
	8.92m	Trinity Invitational (3/31/19)	8th
	9.31m	Carl Knight Invitational (4/5/19)	16th
	9.15m	ASC Championships (4/20/19)	13th
Discus	18.98m	Trinity Open (3/2/19)	20th
Hammer	22.53m	TLU D3 Challenge (3/23/19)	11th
	21.10m	Bobcat Invitational (3/28/19)	50th
	21.23m	Carl Knight Invitational (4/5/19)	19th
	29.43m	ASC Championships (4/20/19)	5th
Javelin	19.51m	HSU Relays (2/23/19)	13th